

## BREAKFAST TABLE BUFFET

40

### Hot Buffet

scrambled eggs, pork link sausage, hickory smoked bacon, chicken apple sausage, home fried breakfast potatoes, cheese blintz, eggs benedict

### Bakery Table

a selection of fresh baked morning pastries to include assorted croissants, muffins, Danish, choice of toast, bagel, gluten free breads and muffins

### Made to Order Omelet

two egg omelet with your selection of bacon bits, breakfast sausage, sliced mushrooms, melted cheddar

### Dim Sum Basket

char siu bao, mushroom pot stickers

**Organic Steel Cut Oatmeal**  
with raisins, cinnamon, brown sugar

**Cold Cuts and Cheese**  
turkey, salami, ham, Swiss, cheddar

### Fresh Cut Fruit

grapefruit, pineapple, watermelon, honeydew, cantaloupe, raspberries, strawberries

### Assorted Cereals

Frosted Flakes, Cheerios, Total Raisin Bran, Granola, Special "K", Cocoa Puffs, Corn Flakes, Rice Chex

### Yogurt Selection

assorted non-fat and low-fat yogurt, Greek yogurt

### Superfoods

tofu, walnuts, apples, blueberries, tomatoes, Norwegian style smoked salmon, dried super fruits

### Beverages

Starbucks® coffee, assorted Tazo® teas and fresh juices, orange, grapefruit, apple, V-8, tomato, cranberry, pineapple or prune

**"We are proudly supporting Children's Miracle Network (Hospitals) with a \$1.00 donation with every breakfast buffet sold."**

## SuperFoodsRx

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, antioxidants and taste delicious so you can start your day feeling recharged.

### **BLUEBERRY BANANA SMOOTHIE** 11

made with soy milk and served with an all natural granola brittle bar

### **BERRY, APPLE AND GRANOLA MUESLI** 15

plain yogurt, skim milk, honey, apple, banana, raspberry, blueberry, strawberry, walnuts, pomegranate essence

### **ORGANIC GRANOLA BLUEBERRY PANCAKES** 20

citrus berry salad, maple syrup and whipped butter

### **BLUEBERRY, QUINOA AND RASPBERRY PARFAIT** 15

non-dairy and sugar free, prepared with almond milk

### **EGGS BENEDICT** 26

two poached eggs on a toasted English muffin, Canadian bacon, sweet butter hollandaise sauce served with rosemary hash brown potatoes

### **ALMOND STEEL CUT OATMEAL** 15

with raisins, cinnamon and brown sugar and fresh fruit

### **EGGS YOUR WAY** 23

two eggs cooked to your liking, choice of hickory smoked bacon, pork link sausage or grilled ham, rosemary hash brown potatoes and choice of toast

### **THE BAKERY OPTIONS** 6

plain, whole wheat, everything or cinnamon raisin bagel, white, wheat, sourdough, rye toast or English muffin, *gluten free bread available upon request*

### **TOASTED BAGEL & PHILADELPHIA CREAM CHEESE** 8

with Norwegian style smoked salmon, red onions, capers 18

### **FRUIT PLATE** 15

a selection of seasonal melons and coastal berries

### **Hickory Smoked Bacon, Canadian Bacon, Maple Glazed Ham or Pork Link Sausage** 8

**Hash Brown Potatoes** 6, **Grilled Tomatoes** 6   
**One Egg** 6 **Two Eggs** 9


### **Juice** 6.50

orange  grapefruit, apple, V-8, tomato, cranberry, pineapple or prune

### **STARBUCKS® COFFEE** 7

Freshly brewed regular or decaffeinated Regular or decaffeinated latte, cappuccino Single/Double Espresso 4/5 Assorted Tazo® Teas 6 Hot Chocolate 6

### **MILK**

regular, non-fat, 2%, almond, chocolate or soy  6



## WESTIN FRESH BY THE JUICERY

Fuel your day and enhance your wellness.


### **JUICES** 11


- Carrot, Orange, Ginger, Turmeric & Mango
- Celery, Cucumber, Lime & Coconut Water

### **SMOOTHIES** 11

- Blueberries, Banana, Granola, Spinach, Chia Seeds and Soy Milk
- Raspberries, Strawberries, Mint, Rosewater, Dates and Soy Milk

\*Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.

 "These nutritional powerhouse foods can help extend your health span the extent of time you have to be healthy, vigorous and vital."  
– Dr. Steven Pratt, author of SuperFoods Rx: Fourteen Foods That Will Change Your Life.

 We pride ourselves in providing gluten friendly menu choices. While we strive to ensure those meals are safe for your diet, please be aware that they are being prepared in an environment where gluten is present. ©2016 Starwood Hotels & Resorts Worldwide, Inc.



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